



First Aid Procedure: Referee and Home Team Manager

Prevention of injury is the first step in first aid.

Risk assessment must be completed before each game.

At each session our Referees are the **nominated first aid officer**, along with a person nominated from the host venue.

First Aid is the initial care provided to a casualty and is usually given by someone 'on the spot'.

A person administering first aid is often not a qualified health care professional and is not expected to perform the duties of one.

People administering first aid are needed to provide immediate assistance until a qualified health care professional arrives and takes control of the situation or the casualty recovers.

Remember! Any attempt at providing first aid is better than no first aid at all.

A person providing assistance should:

- Assess the situation quickly – check for danger;
- Identify the nature of the injury or illness as far as possible;
- Arrange for emergency services to attend if required;
- Manage the casualty appropriately and promptly;
- Stay with the casualty until able to hand over to a health care professional; and
- Give further help if necessary or as directed.

Recording incidents:

First Aid Officers are to keep a log of all treatment provided and first aid equipment dispensed.

First Aid Officers should endeavour to record as much information as possible for each injury. This information is vital when handing-over the casualty to a health care professional. Information that should be recorded includes:

- The name and contact number of the casualty;
- Details about the nature of the injury;
- Details of the time and date of the incident; and
- Details of treatment given.

The log and record of incidents should occur both on the Footsy App and via email to the Competition Manager as soon as possible after the conclusion of the game.

Risk assessment:

Has been completed for this location and is based on a general set up of the learning environment. Over 35s Football appointed Referees are responsible for ensuring the environment is safe at the beginning of each session and must sign the risk assessment document to demonstrate this has been done.

I have read and understand the above information:

Signature: _____ Date: _____

Home Team Signature: _____ Date: _____